

## Hosting a Shabbat Oneg at Congregation Shir Ami

*Thank you for offering to host!*

**In addition to providing the food for the oneg, the hosting family is invited to:**

- Light the Shabbath Candles during Services
- Hold the Kiddush Cup at the Oneg

The oneg may be hosted by one family, co-hosted by 2 families, or hosted by a group or committee. You may choose to host *just because*, or in honor/memory of a special person or occasion. Below are instructions to help you plan and prepare. To sign up to host an oneg please contact our Ritual Chair at the number below.

**The hosting family is responsible for all set-up and clean-up of food and drinks. Plan to arrive at 6:45 for set up (The service begins at 7:30). The maintenance team at FPC generally leaves a cart outside by the front door which you may use to transport your food and drinks to the 3<sup>rd</sup> floor where we hold the oneg. (the service is on the 2<sup>nd</sup> fl)**

- 1. For most Shabbat Services - plan for 25-30 people.** We ask people to pre-register so you will have an idea of numbers prior to the shabbat service.
- 2. Set-Up and Clean-Up:** The room will be pre-set up by the maintenance team at FPC with a large table to lay out the food – already prepared with a table cloth, bread board with cover and knife, trays with small cups for kiddush, coffee/tea. There are also 4 high cocktail tables in the room. There is a small kitchen just outside the room if you need it. All leftover food and serving pieces and décor that you bring must go home with you! It is often helpful to bring some zip lock baggies for leftovers.
- 3. Paper Goods and Serving Trays:** Please bring all paper goods: Cold cups, napkins, paper plates, plastic utensils if needed, etc. Also bring plastic trays, bowls or baskets that you'll need for food set up. (There may be some at the church if you need them)
- 4. Challah | Kosher Wine | White Grape Juice**  
Each hosting family provides an unsliced Challah (cover on the bread board), kosher wine and white grape juice. Mini wine cups and serving trays for wine are provided. Hosting family is responsible for pouring wine/grape juice into cups before the end of the service. Put the trays on the high table close to the door or it is nice to have someone from your family stand at the entrance to the Oneg with the trays of wine and grape juice to offer everyone a cup as they enter the room.

**5. Food and Beverages** Selections are up to you and your creativity. A typical oneg might have a selection of cheese and crackers, dip with veggies, fruit, dessert cookies/pastries. Here are some suggestions for food:

Fruit salad or platter      Crudites      Cheese and Crackers  
Pretzels or Chips      Hummus      Platter of Cookies or Brownies  
Any other Yummies you choose!

**Beverages:**

Cold beverages- juice, seltzer, soda or whatever you choose  
Many choose bottles of Flavored Seltzer.  
Coffee and tea with cups are already provided by FPC.

It not necessary but it is nice to add flowers or other decorations if you choose.  
All décor that you bring must go home with you!

Please consult with our Ritual Chair, Fran Pribish if you have any questions  
[fprib@optonline.net](mailto:fprib@optonline.net) | 203-249-8796  
If no answer or response call Shir Ami 203-900-7976

